

Music Therapy Symposium 13 november 2020

The Music Therapy Symposium – research and clinical intervention, is arranged by the Royal College of Music in Stockholm, Karolinska Institutet and Royal Swedish Academy of Music. The symposium will be completely digital, the earlier announced on site participation is replaced with the live broadcast. The symposium is held in English.

Programme

Our guide and moderator will be Eva Bojner Horwitz, Professor in Music and Health, Royal College of Music in Stockholm/Karolinska Institutet, Stockholm.

08.30 Digital registration via zoom link

Prepare to sit in a quiet place, mute your mic and the use chat for upcoming question during the day. We will see how to use it in the time to follow up.

09.00-09.15

Opening:

- Music performed by students from the Royal College of Music in Stockholm
- Fredrik Wetterqvist, Chairman for Olu-Birgit Jeppsons fond, Permanent Secretary at The Royal Swedish Academy of Music, Stockholm

09.15-09.30

Music therapy at Karolinska Institutet and the Royal College of Music:

- Ole Petter Ottersen, President at Karolinska Institutet, Stockholm
- Helena Wessman, Vice-Chancellor at the Royal College of Music in Stockholm

09.30-09.40

Introduction:

- Eva Bojner Horwitz, moderator

09.40-10.40

Keynote: Music therapy research and social neuroscience approaches – how to investigate attunement and intersubjective experiences in music therapy:

- Jörg Fachner, Professor Music, Health and the Brain, Cambridge Institute for Music Therapy Research

10.40-11.00

Break.

11.00-11.30

The Process of Developing Music therapy Methods: clinical practice, theoretical perspectives and research:

- Margareta Wärja, PhD, Lic Psychotherapist, Music and expressive arts therapist, Stockholm
- Jonatan Lindner, Music Therapist MA, BSc in Social Work, Örebro

11.30-12.00

Pros and cons with knowledge in music and music therapy as an integrated part of the future education of health care professional:

- Louise Eulau, PhD., Nurse, Musicologist and Director of Studies at Sophiahemmet University, Stockholm
- Annika Östman Wernerson, Professor in Kidney and Transplantation Science, Academic Vice President of Higher Education at Karolinska Institutet, Stockholm

12.00-13.00

Break for lunch. Zoom open, possibilities to communicate through chat function.

13.00-13.15 Music

- Music performed by students from the Royal College of Music in Stockholm

13.15-13.55

Music therapy within interdisciplinary rehabilitation for adult acquired brain injury:

- Alison Godbolt, MD, consultant University Department of Rehabilitation Medicine at Danderyd Hospital
- Ingrid Hammarlund, Music Therapist MA, supervisor
- Marianne Wallin, music therapist MA, Chair of the Swedish association of Music Therapy

13.55-14.25

Promoting health with music therapy – two theses within neonatal and pediatric care:

- Alexandra Ullsten, PhD, Music and Art Therapist, Centralsjukhuset Karlstad, Region Värmland & Affiliated Researcher, School of Health Sciences, Örebro University
- Lena Uggla, PhD, Music Therapist, GIM Therapist, KI and Karolinska University Hospital, Stockholm

14.25-14.45

Break.

14.45-15.15

How can music therapy help the severely sick child:

- Britt Gustafsson, Pediatrician, Adjunct Professor Karolinska Institutet
- Ingrid Van 't Hooft, registered neuropsychologist, PhD, Karolinska Institutet
- Noomi Säfsten, Music Therapist BA, Supervisor
- Klas Blomgren, Pediatrician, Professor Karolinska Institutet

15.15-15.45

Music therapy and music-centered care for older persons – evidence and experiences:

- Katarina Lindblad, Music Therapist MA, and PhD student in musicology at Örebro University
- Lis Jacobsson, Music Therapist BA, supervisor, project leader in elderly care services, City of Sundbyberg
- Staffan Josephsson, Professor of Occupational Therapy at the Department of Neurobiology, Care Sciences and Society, Karolinska Institutet

15.45-16.10

Time to fold up: Questions and discussions with Ann-Sofie Paulander and Pia Bygdéus.

- Ann-Sofie Paulander, PhD in Music Education, Music Therapist MA, Senior Lecturer in Music Therapy, Royal College of Music in Stockholm
- Pia Bygdéus, PhD in Music Education, Senior Lecturer in Music Education at Linnaeus university, Reserach Secretary at the Royal Swedish Academy of Music, Chair of Swedish Society for Music Research

16.10-16.20

What is MusikBojen:

- Claire Rosvall, founder

16.20-16.30

Closing:

- Eva Bojner Horwitz, moderator
- Music performed by students from the Royal College of Music in Stockhol